

Registration Information

Register online at www.ilmda.org

Meeting Location and Parking

Marriott St. Louis Grand Hotel

800 Washington Ave, St. Louis, MO 63101

P: (314) 621-9600

Hotel Rooms

Please see the booking information at www.ilmda.org

RESERVATIONS TOLL FREE: 800-397-1282

RESERVATIONS LOCAL PHONE: 1-877-303-0104

Please Complete the Following:

NAME

PHONE

CITY

STATE

ZIP

EMAIL

Registration Fees:

- IMDA & MALTCP Physician Members: \$200
- IMDA & MALTCP Non-Physicians Members: \$100
- Non Member Physicians: \$250
- Non Member Non Physicians: \$130
- Fellows, Students, and Residents: Free

Target Audience: Physicians, with clinical and administrative responsibilities as medical directors, PA/LTC attending physicians, nurses, advanced practitioners, administrators, and pharmacists working in long term care.

Please make checks payable to:
Illinois Medical Directors Association

Mail registration and payment to:

IMDA
c/o Abigail Galvin
515 N. Dearborn Street
Chicago, IL 60654

Questions? Please Contact Abigail Galvin at IMDA@cmsdocs.org or 312-670-2550 ext.326

IMDA Officers

President—Noel DeBacker, MD, CMD, FACP

Vice President—Leo Kanev, MD CMD

Treasurer—Victoria Braund, MD

MALTCP Officers

President—Randall Huss, MD, CMD

Vice President—Jose Remo, MD, CMD

Treasurer—Charles Crecelius, MD, PhD, CMD



The Illinois Medical Directors Association and The Missouri Association of Long Term Care Practitioners in Conjunction with the Chicago Medical Society Presents

Second Annual Bi-State Conference on Post-Acute & Long Term Care

Friday, April 21, 2017 through
Sunday, April 23, 2017

**MARRIOTT ST.
LOUIS GRAND
HOTEL,
ST. LOUIS, MO**

800 Washington Ave,
St. Louis, MO 63101



**CHICAGO
MEDICAL
SOCIETY**

IMDA would like to thank the following exhibitors for their participation at this event: Avanir, Patient Pattern, Acadia, Biocodex, Lilly, Johnson & Johnson, Sanofi, Lundbeck LLC, Purdue Pharma L.P. and Collegium Pharmaceutical, Inc.

Accreditation Statement

This activity has been planned and implemented in accordance with all the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Chicago Medical Society and the Illinois Medical Directors Association (IMDA). The Chicago Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Chicago Medical Society designates this live activity for a maximum of **10.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity.

The following Chicago Medical Society CME planning members involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests: Michael Hanak, MD, FAA, Eric A. Eason, MD, Arjang Khorasani, MD, Alfonso Mejia II, MD and Vemuri S.

Desired Learning Outcomes

Reducing Readmissions - At the conclusion of this session, participants should be able to: Understand factors contributing to SNF Post Acute Readmissions, provide a rationale for reducing readmissions, present current evidence for various strategies to reduce readmissions and discuss several illustrative cases from the PA/LTC setting. **ACOs & the PA/LTC Practitioner** - Accountable Care Organizations (ACO) are rapidly influencing the Post-Acute and Long Term Care (PA/LTC). Most ACOs do not have extensive experience in working with PA/LTC providers, and there exist the opportunity to form collaborative arrangements that are mutually beneficial if the PA/LTC provider is knowledgeable of their functioning. This session will explore how the PA/LTC provider can see a win-win outcome for their patients, themselves and the facility from knowing how to work with ACOs. **Beyond Age Spots** - By the end of the presentation, participants will be able to outline the factors making the current Fee For Service untenable for the future, as well as compare and contrast proposed future methods of physician reimbursement. Participants will be understand the strength and weaknesses of such plans when applied to the PA/LTC setting and ultimately learn to develop a plan for improving success under proposed reimbursement plans.

POLST - This session will outline the decision making process for a Practitioner Order for Life Sustaining Treatment & elaborate on the role of Palliative & Hospice care for patients with advanced illness, allowing the audience to be prepared for the process.

Murthy, MD. and Haydee Nascimento, Director of Education.

The following IMDA CME planning members involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests: Noel A. DeBacker, MD, Course Director, Milta Little MD, and Victoria Braund, MD.

CMD Credit Statement: This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of **8.25 management hours** and **2.25 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

CME Credit Statement: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for **10.5 clock hours** and **10.5 participant hours**.

Lessons From Litigation - At the conclusion of this session, participants should be able to: Describe the main areas of litigation commonly encountered in PA/LTC facilities, discuss ways the medical director, attending physician, administrator and DON can glean lessons from PA/LTC litigation to use for performance improvement activities in their facilities that can serve to lessen the chance of being involved in litigation, recognize the importance of recognition of 'near miss' events and subsequent implementation of follow-up action to prevent liability with adverse outcomes and describe the importance of updated care plans that reflect appropriate goals of care for nursing facility residents in reducing the chance of litigation involving nursing facility residents

A PT Perspective - During this session, participants will learn exercise recommendations for older adults. Principles of strength, flexibility, balance, and endurance will be highlighted. Case studies will be used to allow participants to attempt to create and implement exercise programs for older adults.

Assisted Living - Data will be examined related to the opportunities and challenges to coordinating care in assisted living. Innovative approaches by assisted living providers to address those opportunities and challenges will be presented. We will discuss why care transitions should be a focus for quality improvement efforts. Evidence-based care delivery models that have demonstrated a positive impact on care transitions will be presented. The role of physicians providing care in assisted living will be examined.

Antipsychotics and Dementia - At the conclusion of this session, participants should be able to: Describe different types of behavior management approaches for behaviors related to dementia, discuss potential side effects of using antipsychotic medications in patients with dementia and consider the difference between behaviors related to mental retardation vs dementia.

Schedule

FRIDAY, April 21, 2017

7:00 PM **The Lion King** (Optional Attendance & Prior RSVP Required)

SATURDAY, April 22, 2017

7:00 - 8:00 AM **Registration and Breakfast**

8:00 - 9:15 AM **Strategies for Reducing Readmission of the Post Acute Patient from the SNF Setting** – Peter Jaggard, MD, Medical Director at Presbyterian Homes

9:15 - 10:15 AM **Washington Update** – Alex Bardakh, MPP, PLC, Director, Public Policy & Advocacy, AMDA

10:15 - 11:00 AM **Exhibit Break**

11:00 - 12:00 PM **Beyond Age Spots: Dermatologic issues in the elderly** – Tricia Missall, MD, PhD, Assistant Professor of Dermatology & Pathology, Saint Louis University

12:00 – 1:00 PM **Lunch**

1:00 - 2:15 PM **Antipsychotics: Dementia Intervention and Management** –

Monica Tegeler MD, Professor of Clinical Medicine at Indiana University

2:15 - 3:30 PM **Opportunities and Challenges for Assisted Living in the Integrated Health Care**

Delivery Model – Kevin O'Neill, MD, FACP, CMD, Chief Medical Officer & Chief Clinical Officer, Ascension Senior Living

3:30 - 4:00 PM **Exhibit Break**

4:00 - 5:15 PM **Lessons From Litigation: A Tool for Performance Improvement in Post-Acute and Long Term Care Facilities** – Randall Huss, MD, CMD, Mercy Clinic Rolla Geriatric and Long Term Care Medicine

5:15 PM **Adjournment**

SUNDAY, April 23, 2017

7:00 - 8:00 AM **Registration and Breakfast**

8:00 - 9:15 AM **ACOs and the PA/LTC Practitioner** – Charles Crecelius MD, PhD, FACP, CMD, Past President of AMDA

9:15 - 10:30 AM **How to create and implement exercise programs for older adults: A PT perspective** – Jill FitzGerald, PT, DPT, GCS, CEEAA, CSCS, Assistant Professor of Physical Therapy and Athletic Training, Saint Louis University and Kelly Hawthorne, PT, DPT, GCS, CEEAA, Assistant Professor of Physical Therapy and Athletic Training, Saint Louis University

10:30 - 11:00 AM **Exhibit Break**

11:00 - 12:00 PM **POLST, Palliative care and Hospice in Advanced illness** – Rajeev Kumar MD, FACP, CMD, Chief Medical Officer, Symbria

12:00 PM **Closing Remarks and Adjournment**

All of the faculty members listed above have disclosed that they do not have any relevant financial relationships with commercial interests. Please see the exceptions below. Speakers and Topics are subject to change.