

Sunday April 17, 2016

7:00 AM - 8:00 AM	Registration and Breakfast
8:00 AM - 9:15 AM	“We like to move-it, move-it!” Exercise and therapy interventions to improve outcomes in long term care – <i>Milta Little, DO, CMD, Assistant Professor of Geriatric Medicine at Saint Louis University & Assistant Medical Director at NHC Maryland Heights, and Cindy M. Kempf, MA, OTR/L, Director of Clinical Services at Rehabilitation Professionals, Inc.</i>
9:15 AM - 10:30 AM	The Rapid Geriatric Assessment: A Tool for Primary Care Physicians – <i>John E. Morley, M.B., B.Ch.**</i>, Director of the Division of Geriatric Medicine and the Division of Endocrinology at Saint Louis University
10:30 AM - 11:00 AM	Exhibit Break
11:00 AM - 12:00 PM	Billing and Coding in LTC: Learning through Example – <i>Charles Crecelius MD, PhD, FACP, CMD, Past President of AMDA</i>
12:00 PM	Closing Remarks and Adjournment

All of the faculty members listed above have disclosed that they do not have any relevant financial relationships with commercial interests. Please see the exceptions below. Speakers and Topics are subject to change.

*Julie Feasel has disclosed that she receives salary for her employment with Kindred.

**Dr. John Morley has disclosed that he received consulting and travel fees as a consultant for Sanofi-Activas, Nutricia, Astellas, Boehringer-Ingelheim, Merck and Akros. Dr. Morely also received Grant and Research support from Nettle and Kemin.

Please see the specifically designed Learning Objectives for all of the lectures.

SNF/POST-ACUTE REHA: THE QUIET REVOLUTION IN HEALTH CARE

This lecture reflects upon some highly significant changes that have occurred in acute and post-acute health care systems over the last thirty years, and explores the forces that have resulted in these changes. The current revolution in skilled nursing/post-acute rehabilitation facilities is described, and an attempt is made to predict the future roles of hospitals and SNF/PA rehab, along with a review of some of the challenges facing SNF/PA rehab going forward.

IMPACT ON VALUE BASED MEDICINE

By the end of the presentation, participants will be able to outline the factors making the current Fee For Service untenable for the future, as well as compare and contrast proposed future methods of physician reimbursement. Participants will be understand the strength and weaknesses of such plans when applied to the PA/LTC setting and ultimately learn to develop a plan for improving success under proposed reimbursement plans.

READMISSION STRATEGIES AND MANAGEMENT

At the conclusion of this session, participants will be able to: as a Medical Director - utilize tracking rates of hospitalization, re-hospitalization and hospitalization reviews in the SNF to reduce readmission, assist in education of facility staff to reduce readmission (INTERACT), and as an Attending Physician - learn clinical management to reduce readmission from SNF admission to discharge. They will also understand what a Long Term Acute Care Hospital is, how they fit in the post-acute care continuum and what services can be provided to assist in reduction of readmissions.

NURSING FACILITY LITIGATION AND LIABILITY

At the conclusion of this session, participants will able to describe the main areas of liability commonly encountered in nursing facility litigation. With this awareness, be able to discuss ways the medical director can assist the facility to avoid pitfalls in litigation and recognize the importance of recognition of 'near miss' events and subsequent implementation of follow-up action to prevent liability with adverse outcomes. Lastly, they will be able to describe the importance of updated care plans that reflect appropriate goals of care for nursing facility residents to avoid nursing facility litigation.

REDUCTION IN USE OF ANTIPSYCHOTICS

At the conclusion of this session, participants should be able to: formulate techniques for behavior interventions and management for different types of behaviors, understand what surveyors will be looking for in documentation, review and strengthen techniques for prevention of behaviors through positive approach and appropriate activity programming.

EXERCISE AND THERAPY INTERVENTIONS

At the conclusion of this session, attendees will be able to use available screening and evaluation tools that accurately assess fall risk and physical function in the post-acute/long term care setting. This will help attendees identify the roles of physical and occupational therapy in evaluation and management of falls and physical function. Attendees will ultimately improve their ability to evaluate the effectiveness of interventions through a brief literature review during the session.

RAPID GERIATRIC ASSESSMENT

At the conclusion of this session, attendees will increase awareness of geriatric syndromes in elderly people. The tools taught during his program will provide a simple management approach to geriatric syndromes and emphasize the importance of increased need for advanced directives.

CURRENT BEST PRACTICES IN CODING

At the conclusion of this session, participants should be able to: Understand the importance of correct documentation in the care of the patient and correlating the degree of complexity of the patient and decision-making to the correct billing and coding selection.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with all the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Chicago Medical Society and the Illinois Medical Directors Association (IMDA). The Chicago Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Chicago Medical Society designates this live activity for a maximum of **11.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following Chicago Medical Society CME planning members involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests:

Michael Hanak, MD, FAA, Eric A. Eason, MD, Arjang Khorasani, MD, Alfonso Mejia II, MD and Vemuri S. Murthy, MD. and Haydee Nascimento, Director of Education.

The following IMDA CME planning members involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests: Noel A. DeBacker, MD, Course Director, Leo Kanev, MD, John Wiley, MD, Pete Toke and Victoria Braund, MD.

CMD Credit Statement: This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of **6.75 management hours and 4.55 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

CME Credit Statement: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for **11.25 clock hours and 11.25 participant hours**.

Target Audience: Physicians, with clinical and administrative responsibilities as medical directors, PA/LTC attending physicians, nurses, midlevel providers, administrators, and pharmacists working in long term care.